

The Parasha in Short

- Three guests** (Bereshit 18). Abraham is 99 and weak after his berit mila. It is a very hot day. He sees three men and runs to bring them in: water, bread, meat. The guests say Sarah will have a son. Sarah laughs.
- Sedom** (Bereshit 18 to 19). The people of Sedom are cruel. Abraham prays for the city. Two malakhim take Lot and his family out. Lot's wife looks back and becomes a pillar of salt.
- Yitzchak is born** (Bereshit 21). Abraham is 100 and Sarah is 90. They name the baby Yitzchak. Hagar and Yishmael are sent away, and HaShem shows Hagar a well of water.
- The Aqeda** (Bereshit 22). HaShem tests Abraham: bring Yitzchak up on a mountain. Abraham goes. A malakh calls out and stops him. Abraham offers a ram instead.

Our Pasuq

Bereshit 18:5

וְאָקָחָהּ פֶּת־לֶחֶם וְסָעְדּוּ לִבְכֶּם אַחֲרֵי תַעֲבְרוּ כִי־עַל־כֵּן עֲבַרְתֶּם עַל־עַבְדְּכֶם וַיֹּאמְרוּ כֵּן תַעֲשֶׂה כַּאֲשֶׁר דִּבַּרְתָּ:

"I will bring a piece of bread, and you will refresh yourselves. Then you can go on, since you have passed by your servant." They said: "Do as you said."

- ☐ Read it 3 times with your class. ☐ Circle the word for "bread." ☐ Underline the word for "a piece."

Abraham promised only a piece of bread. Read 18:6 to 8. Did he bring more? _____

Abraham Prays for Sedom

Read Bereshit 18:23 to 32. Write each number in the box.

חֲמֵשׁ יָם 18:24 	אַרְבָּעִים וְחֲמֵשָׁה 18:28 	אַרְבָּעִים 18:29 	שְׁלֹשִׁים 18:30 	עֶשְׂרִים 18:31 	עֶשְׂרֵה 18:32
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The people of Sedom were cruel. Abraham still prayed for them. Were there ten tzaddiqim in Sedom? _____

Five Hebrew Words

Find each word in the Chumash. Then copy it.

Word	Say it	It means	Where else?	I write it
לֶחֶם 18:5	lechem	bread	הַמוֹצֵיא לֶחֶם מִן הָאָרֶץ, the berakha on bread	_____
מַיִם 18:4	mayim	water	In class: בְּבִקְשָׁהּ מַיִם, אֶפְשָׁר מַיִם? May I have water, please?	_____
רָץ 18:7	ratz	ran, runs	Pirke Avot: הָיִי רָץ לְמִצְוָה קְלָה, run to do even a small mitzva	_____
מַלְאָךְ 22:11	malakh	angel, messenger	Friday night: שְׁלוֹם עֲלֵיכֶם מֵלְאֲכֵי הַשָּׁרֵת	_____
בֹּקֶר 22:3	boqer	morning	בֹּקֶר טוֹב, boqer tob: good morning!	_____

MIDDA OF THE WEEK

Emor Me'at Va'ase Harbe: Say a Little, Do a Lot

What Abraham SAID (18:5)

ואקחה פת־לחם

"I will bring a piece of bread."



What Abraham DID (18:6 to 8)

שָׁלַשׁ סָאִים קֶמַח סֵלֶת

Sarah baked cakes from the finest flour

בְּרֶבֶקֶר רֶךְ וְטוֹב

a calf, tender and good

חֶמְאָה וְחֵלֶב

butter and milk

Our Rabbis learned this from Abraham: אָמַר מְעַט וַעֲשֵׂה הַרְבֵּה, emor me'at va'ase harbe, "say a little and do a lot" (Pirke Avot 1:15). Someone who promises a lot and does little lets people down. Someone who promises a little and gives more is a person you can trust.

Check one.

	Says a lot	Does a lot
a. Daniel says: "I'll help you every day this week!" Then he forgets.	☐	☐
b. Maya says: "I'll bring the homework." She brings it and explains the math too.	☐	☐
c. Eli tells the whole class how much tzedaka he gave.	☐	☐
d. Rachel says: "I'll set the table." She also pours water for everyone.	☐	☐

This week I will say: I'll _____ and I will also _____

HALAKHA OF THE WEEK

Bikur Cholim: Visiting the Sick

"HaShem appeared to him." (18:1)

וַיֵּרָא אֵלָיו ה'

Rashi says HaShem came to visit Abraham, who was weak after his berit mila. Our Rabbis taught: HaShem visits the sick, so we visit the sick too (Sota 14a).

A visit has two goals:

1. Help. See what the sick person needs: food shopping, bringing medicine, babysitting the children, bringing the homework to a classmate.

2. Pray. Ask HaShem to heal him. Say רְפוּאָה שְׁלֵמָה, refua shelema.

Children do this mitzva too. Visit at a good time and keep it short. Can't go? Call. Abraham prayed for Abimelekh and HaShem healed him (20:17). Right after that, Sarah had a son (21:1). Our Rabbis learned: when you pray for someone else, HaShem answers you first (Bava Qama 92a).

A classmate is sick at home. 1. I can help by _____

2. I will pray: refua shelema to _____

Parasha Scavenger Hunt

1. What did Sarah do when she heard?
(18:12) _____

2. What did Lot's wife become?
(19:26) _____

3. What did HaShem show Hagar?
(21:19) _____

4. Abraham's age when Yitzchak was born? (21:5) _____

5. Where did Abraham take Yitzchak?
(22:2) _____

6. What did Abraham answer the malakh?
(22:11) _____

Answers. Sedom: 50 · 45 · 40 · 30 · 20 · 10; no, there were not ten. Pasuk: yes; cakes, a calf, butter and milk. Midda: a. says a lot · b. does a lot · c. says a lot · d. does a lot. Scavenger Hunt: 1. She laughed · 2. A pillar of salt · 3. A well of water · 4. 100 · 5. The land of Moriya · 6. הִנֵּנִי, hineni, "here I am."

Rabbi Akiva Visits a Sick Student

Nedarim 40a

רַבִּי עֲקִיבָא וְהַתְּלָמִיד הַחֹלֶה

- | | | |
|---|--|---|
| 1 | Rabbi Akiva had many students. | לְרַבִּי עֲקִיבָא הָיוּ הֶרְבֵּה תַלְמִידִים. |
| 2 | One day, one student became sick. | יוֹם אֶחָד, תַּלְמִיד אֶחָד חָלָה. |
| 3 | The Sages did not come to visit him. | הַחֲכָמִים לֹא בָּאוּ לְבַקֵּר אוֹתוֹ. |
| 4 | But Rabbi Akiva came. | אָבֵל רַבִּי עֲקִיבָא בָּא. |
| 5 | He swept the house and sprinkled a little water on the floor. | הוּא טָאטָא אֶת הַבֵּית, וְשָׁפַךְ מַעַט מַיִם עַל הָרִצְפָּה. |
| 6 | The student got better and said: "Rabbi, you gave me life!" | הַתַּלְמִיד הִבְרִיא וְאָמַר: "רַבִּי, הִחַיִּית אוֹתִי!" |
| 7 | Rabbi Akiva went out and taught: "Whoever does not visit the sick is like someone who takes a life." | רַבִּי עֲקִיבָא יָצָא וְלָמַד: "מִי שֶׁלֹּא מְבַקֵּר חוֹלִים, כְּאִלוּ שׁוֹפֵךְ דָּמִים." |

- The Sages did not come. Who came? _____
- What two things did Rabbi Akiva do in the house? (line 5) _____
- Bikur Cholim has two goals: help and pray. Which goal did Rabbi Akiva do here? _____
- Rabbi Akiva did not make a speech. He came and worked. Which midda is this? _____
- Find in the story and circle: מַיִם הֶרְבֵּה מַעַט

Match the Meaning

Draw a line from each Hebrew word to its meaning.

- | | | |
|--------------------|---|----------|
| morning ● | ● | לֶחֶם |
| water ● | ● | רָץ |
| bread ● | ● | מַלְאָךְ |
| angel, messenger ● | ● | בִּקֵּר |
| ran, runs ● | ● | מַיִם |

The Missing Letter

Write the missing letter.

- | | | |
|---------|---|----------|
| bread | □ | ל |
| water | □ | מ |
| ran | □ | ר |
| angel | □ | מַלְאָךְ |
| morning | □ | בֹּקֶר |

Emor Me'at Va'ase Harbe

Pirque Avot 1:15. Shammai teaches three things.

שְׁמַאי אוֹמֵר: עֲשֵׂה תוֹרַתְךָ קָבֵעַ, אֲמֹר מְעַט וַעֲשֵׂה הַרְבֵּה, וְהוּי מְקַבֵּל אֶת כָּל
הָאָדָם בְּסִבָּר פָּנִים יְפוֹת.

1. Learn Torah at a set time every day.

2. Say a little and do a lot.

3. Greet every person with a happy face.

Abraham did two of these in our parasha. Which two? Write the numbers. Where? (look at 18:2 and 18:5 to 8)

Abraham and Efron. Our Rabbis compared two people (Bava Metzia 87a). Abraham said a little and did a lot. Efron, whom we meet next week, said a lot and did not do even a little.

Big Promise, Small Promise

Each child made a big promise. Write a small promise he can keep, and something extra he can do.

Big promise	Small promise	Something extra
"I'll clean the whole house every day!"	_____	_____
"I'll never fight with my brother again!"	_____	_____
"I'll read the whole Chumash this week!"	_____	_____

My Emor Me'at Week

Day	I said I would...	I did, and also...
יום א'	_____	_____
יום ב'	_____	_____
יום ג'	_____	_____

Word Search

Find all five words. They go right to left or top to bottom. Circle each word in the bank when you find it.

ט	ל	ש	ך	א	ל	מ
פ	ח	ת	נ	ע	ג	ד
ט	ם	ס	ז	ו	ה	ש
מ	ד	ע	ר	ק	ב	נ
י	ו	ש	ג	פ	ת	ע
ם	ז	נ	ד	ה	ץ	ר

לחם מים
רץ מלאך
בקר

Answers. Rabbi Akiva: 1. Rabbi Akiva · 2. He swept the house and sprinkled water on the floor · 3. Help · 4. Emor me'at va'ase harbe. Pirque Avot: 2 and 3; he ran to greet the guests (18:2) and promised bread but brought a feast (18:5 to 8). Missing Letter: ק · ר · י · נ. Word Search: מלאך row 1, בקר row 4, רץ row 6; לחם and מים top to bottom.