The blessing Shehecheyanu (Part 2)

Previously, we have explained that our rabbis established a blessing to be said when something happy happens to us. When we acquire something new, which **brings us happiness** we recite the blessing "Shehecheyanu" (see here).

For example, if we buy or get as a gift **a new suit, a new dress or any new clothing** that we are happy to have, we say *Shehecheyanu*, acknowledging God as **the ultimate source** of our blessings and enjoyments.
The custom is to recite this berakha not when we buy the new clothes but **when we wear them for the first time.**
Similarly, when we eat a fruit from the new season we also recite the blessing *Shehecheyanu* to **thank God Almighty for the beautiful world He created**, and for the multitude of trees and fruits He fashioned, **just for our enjoyment**.
One of the spiritual benefits of this blessing is that it teaches us **not to take small happiness for granted.** To eat a fruit of the new season might seem a trivial ordinary act, but **we Jewish people don't miss an opportunity to remember God** and to thank Him for His blessing toward us. The more spiritual a person is, **the more awe and amazement he or she will feel for the small things he enjoys**. The more materialistic a person is, **the more difficult will be for him or her to enjoy or appreciate God's daily gifts**. A materialistic person, no matter how wealthy he is, ***gets his pleasure only in the pursuit of what he does not have.***
The blessing *Shehecheyanu* teaches us to enjoy and appreciate what we **NOW** have.
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